	MGM's INSTITUTE OF PHYSIOTHERAPY AURANGABAD Monthly lesson plan	Doc No.	DC/MGMIOP/MLP/IQA C/005
		Issue No.	1
		Rev. No.	
		Date	1-Jan-19
		Page	Page 1 of 1

Subject: Kinesiotherapy Year: Second BPT
Month: March-23 Date: 1st March 2023

Date	Day	Topic	Staff	Time	Hrs
2-Mar-23	Thu	MMT-1	Dr Goutami	9-10AM	1
		Biophysical Principle-1	Dr Abhisheek	9-10AM	1
3-Mar-23	Fri	Biophysical Principle-2	Dr Abhisheek	9-10AM	1
		MMT-2	Dr Goutami	2-3 PM	1
4-Mar-23	Sat	Stretching-1	Dr Abhisheek	10-11AM	1
		MMT-3	Dr Goutami	12-1 PM	1
6-Mar-23	Mon	MMT-4	Dr Goutami	9-10AM	1
		MMT-5	Dr Goutami	2-3PM	1
		Stretching-2	Dr Abhisheek	3-4 PM	1
8-Mar-23	Wed	Stretching-3	Dr Abhisheek	2-3 PM	1
		Stretching-4	Dr Abhisheek	9-10AM	1
9-Mar-23	Thu	Stretching-4	Dr Abhisheek	9-10AM	1
		MMT-5	Dr Goutami	3-4 PM	1
10-Mar-23	Fri	Stretching Practical-1	Dr Abhisheek	9-10AM	1
		MMT Practical-1	Dr Goutami	2-3 PM	1
11-Mar-23	Sat	Stretching Practical-2	Dr Abhisheek	10-11AM	1
		MMT Practical-2	Dr Goutami	12-1 PM	1
13-Mar-23	Mon	MMT Practical-3	Dr Goutami	9-10AM	1
		MMT Practical-4	Dr Goutami	2-3PM	1
		Stretching Practical-3	Dr Abhisheek	3-4 PM	1
14-Mar-23	Tue	Stretching Practical-4	Dr Abhisheek	9-10AM	1
		MMT Practical-5	Dr Goutami	3-4 PM	1
16-Mar-23	Thu	Stretching Practical-5	Dr Abhisheek	9-10AM	1
17-Mar-23	Fri	MMT Practical-6	Dr Goutami	9-10AM	1
18-Mar-23	Sat	Stretching Practical-6	Dr Abhisheek	12-1PM	1
20-Jan-23	Mon	MMT Practical-7	Dr Goutami	9-10AM	1
		Stretching Practical-7	Dr Abhisheek	2-3PM	1
21-Mar-23	Tue	Stretching Practical-8	Dr Abhisheek	9-10 AM	1
		MMT Practical-8	Dr Goutami	3-4 PM	1
23-Mar-23	Thu	Stretching Practical-9	Dr Abhisheek	9-10AM	1
24-Mar-23	Fri	MMT Practical-9	Dr Goutami	9-10AM	1
25-Mar-23	Sat	Stretching Practical-10	Dr Abhisheek	12-1PM	1
		MMT Practical-10	Dr Goutami	9-10AM	1
27-Mar-23	Mon	Stretching Practical-11	Dr Abhisheek	2-3PM	1
		Stretching Practical-12	Dr Abhisheek	9-10 AM	1
28-Mar-23	Tue	Stretching Practical-13	Dr Abhisheek	3-4 PM	1
		Stretching Practical-14	Dr Abhisheek	9-10AM	1
30-Mar-23	Thu	Stretching Practical-14	Dr Abhisheek	9-10AM	1
31-Mar-23	Fri	Stretching Practical-15	Dr Abhisheek	9-10AM	1
Staff Name		Topic	Theory	Practical	Total
Dr Goutami		MMT	5	10	15
Dr Abhisheek		Biophysical Principle	2		2
		Stretching	4	15	19
					36

KT Subject Incharge

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MGM Institute of Physiotherapy
Aurangabad



MGM's INSTITUTE OF PHYSIOTHERAPY
AURANGABAD

Monthly lesson plan

Doc No.	DC/MGMIOP/M LP/IQAC/005
Issue No.	1
Rev. No.	
Date	1-Jan-19
Page	Page 1 of 1

Subject Kinesiotherapy **Year** Second BPTth
Month April-23 **Date** 30th March 2023


Date	Day	Topic	Staff	Time	Hrs
3-Apr-23	Mon	Joint Mobility-1	Dr Sanskruti	9-10AM	1
		Muscle Strengthening-1	Dr Payal	2-3PM	1
4-Apr-23	Tue	Muscle Strengthening-2	Dr Payal	9-10AM	1
		Joint Mobility-2	Dr Sanskruti	2-3PM	1
6-Apr-23	Thu	Nebulisation-1	Dr Manish	9-10AM	1
7-Apr-23	Fri	Nebulisation-2	Dr Manish	9-10AM	1
8-Apr-23	Sat	Muscle Strengthening-3	Dr Payal	12-1PM	1
10-Apr-23	Mon	Joint Mobility-3	Dr Sanskruti	9-10AM	1
		Muscle Strengthening-4	Dr Payal	2-3PM	1
11-Apr-23	Tue	Muscle Strengthening-5	Dr Payal	9-10AM	1
		Joint Mobility-4	Dr Sanskruti	3-4 PM	1
13-Apr-23	Thu	Strengthening LLPractical-1	Dr Payal	9-10AM	1
15-Apr-23	Sat	Joint Mobility Practical-1	Dr Sanskruti	12-1PM	1
17-Apr-23	Mon	Joint Mobility Practical-2	Dr Sanskruti	9-10AM	1
		Strengthening Practical -2	Dr Payal	2-3PM	1
18-Apr-23	Tue	Strengthening Practical -3	Dr Payal	9-10 AM	1
		Joint Mobility Practical-3	Dr Sanskruti	3-4 PM	1
20-Apr-23	Thu	Strengthening Practical -4	Dr Payal	9-10AM	1
21-Apr-23	Fri	Joint Mobility Practical-4	Dr Sanskruti	9-10AM	1
24-Apr-23	Mon	Breathing Exercise-1	Dr Abhisheek	9-10AM	1
		Posture-1	Dr Srilatha	2-3PM	1
25-Apr-23	Tue	Posture-2	Dr Srilatha	9-10 AM	1
		Breathing Exercise-2	Dr Abhisheek	3-4 PM	1
27-Apr-23	Thu	Posture-3	Dr Srilatha	9-10AM	1
28-Apr-23	Fri	Breathing Exercise-3	Dr Abhisheek	9-10AM	1
29-Apr-23	Sat	Breathing Exercise Practical-	Dr Abhisheek	12-1PM	1
Staff Name		Topic	Theory	Practical	Total
Dr Manish		Nebulisation	2		2
Dr Payal		Muscle Strengthening	5	4	9
Dr Sanskruti		Joint Mobility	4	4	8
Dr Srilatha		Posture	3	0	3
Dr Abhishek		Breathing Exercise	3	1	4
					26

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MGM Institute of Physiotherapy
Aurangabad

	MGM's INSTITUTE OF PHYSIOTHERAPY AURANGABAD Monthly lesson plan	Doc No.	DC/MGMIOP/MLP/I QAC/005
		Issue No.	1
		Rev. No.	
		Date	1-Jan-19
		Page	Page 1 of 1

Subject Kinesiotherapy Year Second BPTH
Month May-23 Date 17th April 2023

Date	Day	Topic	Staff	Time	Hrs
2-May-23	Tue	Posture Practical-1	Dr Srilatha	9-10AM	1
		Breathing Exercise Practical -2	Dr Abhisheek	2-3PM	1
4-May-23	Thu	Posture Practical-2	Dr Srilatha	9-10AM	1
5-May-23	Fri	Breathing Exercise Practical-3	Dr Abhisheek	9-10AM	1
6-May-23	Sat	Breathing Exercise Practical-4	Dr Abhisheek	12-1PM	1
8-May-23	Mon	Breathing Exercise Practical-5	Dr Abhisheek	9-10AM	1
		Posture Practical-3	Dr Srilatha	2-3PM	1
9-May-23	Tue	Posture Practical-4	Dr Srilatha	9-10AM	1
		Breathing Exercise Practical-6	Dr Abhisheek	3-4 PM	1
11-May-23	Thu	Breathing Exercise Practical-7	Dr Abhisheek	9-10AM	1
12-May-23	Fri	Breathing Exercise Practice	Dr Abhisheek	9-10AM	1
Summer Vacation From 13th May 2023 to 28th May 2023					
29-May-23	Mon	Joint Mobility Practical-5	Dr Sanskruti	9-10AM	1
		Strengthening Practical -5	Dr Payal	2-3PM	1
30-May-23	Tue	Strengthening Practical -6	Dr Payal	9-10AM	1
		Joint Mobility Practical-6	Dr Sanskruti	3-4 PM	1

Staff Name	Topic	Theory	Practical	Total
Dr Srilatha	Posture		4	2
Dr Abhishek	Breathing Exercise		6	6
Dr Payal	Joint Mobility		2	2
Dr Sanskruti	Strengthening		2	2
				12

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MGM Institute of Physiotherapy
Aurangabad





**MGM's INSTITUTE OF PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGMIOP/ML P/IQAC/005
Issue No.	1
Rev. No.	
Date	1-Jan-19
Page	Page 1 of 1

Subject
Month

Kinesiotherapy
June-23

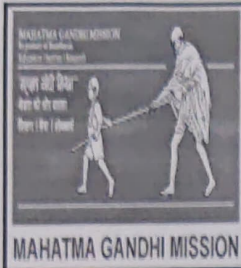
Year
Date

Second BPTH
30th May 2023

Date	Day	Topic	Staff	Time	Hrs	
1-Jun-23	Thu	Traction-1	Dr Abhisheek	9-10AM	1	
2-Jun-23	Fri	Traction-2	Dr Abhisheek	9-10AM	1	
3-Jun-23	Sat	Traction Practical-1	Dr Abhisheek	12-1PM	1	
5-Jun-23	Mon	Traction Practical-2	Dr Abhisheek	9-10AM	1	
		Traction Practical-3	Dr Abhisheek	2-3PM	1	
		Strengthening Practical -7	Dr Payal	9-10AM	1	
6-Jun-23	Tue	Traction Practical-4	Dr Abhisheek	3-4 PM	1	
		Neuromuscular co-ordination-1	Dr Ashwini	9-10AM	1	
8-Jun-23	Thu	Neuromuscular co-ordination-2	Dr Ashwini	9-10AM	1	
9-Jun-23	Fri	Neuromuscular co-ordination Practical-1	Dr Ashwini	12-1PM	1	
10-Jun-23	Sat	Strengthening Practical -8	Dr Payal	9-10AM	1	
12-Jun-23	Mon	Neuromuscular co-ordination Practical-2	Dr Ashwini	2-3PM	1	
		Strengthening Practical -9	Dr Payal	9-10AM	1	
13-Jun-23	Tue	Neuromuscular co-ordination Practical-3	Dr Ashwini	3-4 PM	1	
		Neuromuscular co-ordination Practical-4	Dr Ashwini	9-10AM	1	
15-Jun-23	Thu	Neuromuscular co-ordination Practical-5	Dr Ashwini	9-10AM	1	
16-Jun-23	Fri	Strengthening Practical -10	Dr Payal	12-1PM	1	
17-Jun-23	Sat	MMT Practice	Dr Goutami	9-10AM	1	
		Joint Mobility Practice	Dr Sanskruti	2-3PM	1	
19-Jun-23	Mon	Joint Mobility Practice	Dr Sanskruti	9-10AM	1	
		MMT Practice	Dr Goutami	3-4 PM	1	
20-Jun-23	Tue	Joint Mobility Practice	Dr Sanskruti	9-10AM	1	
22-Jun-23	Thu	MMT Practice	Dr Goutami	9-10AM	1	
23-Jun-23	Fri	MMT Practice	Dr Goutami	9-10AM	1	
24-Jun-23	Sat	Breathing Exercise Practice	Dr Abhisheek	12-1PM	1	
26-Jun-23	Mon	Breathing Exercise Practice	Dr Abhisheek	9-10AM	1	
		Joint Mobility Practice	Dr Sanskruti	2-3PM	1	
27-Jun-23	Tue	Streching Practice	Dr Abhisheek	9-10 AM	1	
		MMT Practice	Dr Goutami	3-4 PM	1	
29-Jun-23	Thu	Streching Practice	Dr Abhisheek	9-10AM	1	
30-Jun-23	Fri	Streching Practice	Dr Abhisheek	9-10AM	1	
		Staff Name	Topic	Theory	Practical	Total
		Dr Ashwini	Neuromuscular co-ordination	2	5	7
		Dr Payal	Strengthening		4	4
		Dr Sanskruti	Joint Mobility		4	4
		Dr Goutami	MMT		4	4
		Dr Abhisheek	Traction	2	4	6
			Breathing Exercise		2	2
			Stretching		3	3
						30

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MGM Institute of Physiotherapy
Aurangabad



**MGM's INSTITUTE OF PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGMIOP/M LP/IQAC/005
Issue No.	1
Rev. No.	1
Date	1-Jul-23
Page	Page 1 of 1

Subject Kinesiotherapy **Year** Second BPTH
Month July-23 **Date** 29th june 2023

Date	Day	Topic	Staff	Time	Hrs
1-Jul-23	Sat	Seminar	Dr Abhisheek	12-1PM	1
3-Jul-23	Mon	Seminar	Dr Srilatha	9-10AM	1
		Seminar	Dr Manish	2-3PM	1
4-Jul-23	Tue	Seminar	Dr Payal	9-10AM	1
		Seminar	Dr Gotami	3-4 PM	1
6-Jul-23	Thu	Seminar	Dr Sanskruti	9-10AM	1
7-Jul-23	Fri	Seminar	Dr Ashwini	9-10AM	1

Terminal Examination From 11/07/2023 to 22/07/2023

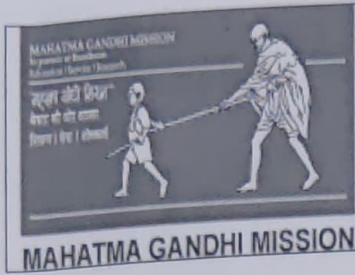
24-Jul-23	Mon	Hydrotherapy	Dr Srilatha	9-10AM	1
		Motor control, Postural control & Balance	Dr Ashwini	2-3PM	1
25-Jul-23	Tue	Motor control, Postural control & Balance	Dr Ashwini	9-10AM	1
		Hydrotherapy	Dr Srilatha	3-4 PM	1
27-Jul-23	Thu	Hydrotherapy	Dr Srilatha	9-10AM	1
28-Jul-23	Fri	Humidification	Dr Manish	9-10AM	1
31-Jul-23	Sat	Humidification	Dr Manish	12-1PM	1
19-Jun-23	Mon	Home Programme	Dr Srilatha	9-10AM	1
		Humidification Practical	Dr Manish	2-3PM	1
Staff Name		Topic	Theory	Practical	Total
Dr Srilatha		Hydrotherapy & Home Programme	4		4
Dr Ashwini		Motor control, Postural control & Balance	2		2
Dr Manish		Humidification	2	1	3
Seminar					7
					16

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**MGM Institute of Physiotherapy
Aurangabad**





**MGM INSTITUTE OF
PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGMIOP/MLP/IQA C/005
Issue No.	1
Rev. No.	1
Date	01/07/2023
Page	Page 1 of 2

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KT/07/2023

Year: Second Year BPT (Regular & ODD Batch)

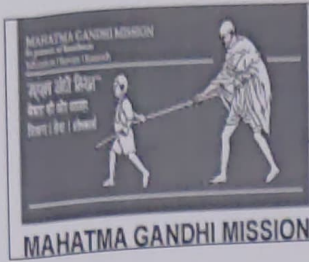
Batch: 2021-2022

Subject: Kinesiotherapy

Date: 29/08/2023

For the Month of: September 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
1-Sep-23	Fri	Functional Re-education	P	Dr Sanskruti	9-10AM	1
2-Sep-23	Sat	Functional Re-education	P	Dr Sanskruti	12-1PM	1
4-Sep-23	Mon	Functional Re-education	P	Dr Sanskruti	9-10AM	1
		Motor control, Postural control & Balance	T	Dr Ashwini	2-3PM	1
5-Sep-23	Tue	Functional Re-education	P	Dr Sanskruti	9-10AM	1
		Motor control, Postural control & Balance	T	Dr Ashwini	3-4 PM	1
7-Sep-23	Thu	Functional Re-education	P	Dr Sanskruti	9-10AM	1
8-Sep-23	Fri	Gait & Walking Aid	T	Dr Nawaj	9-10AM	1
9-Sep-23	Sat	Gait & Walking Aid	T	Dr Nawaj	12-1PM	1
11-Sep-23	Mon	Gait & Walking Aid	T	Dr Nawaj	9-10AM	1
		MMT Lower Extremity	P	Dr Goutami	2-3PM	1
12-Sep-23	Tue	MMT Lower Extremity	P	Dr Goutami	9-10AM	1
		Gait & Walking Aid	P	Dr Nawaj	3-4 PM	1
14-Sep-23	Thu	MMT Lower Extremity	P	Dr Goutami	9-10AM	1
15-Sep-23	Fri	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
16-Sep-23	Sat	MMT Lower Extremity	P	Dr Goutami	12-1PM	1
18-Sep-23	Mon	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
		Gait & Walking Aid	P	Dr Goutami	2-3PM	1
21-Sep-23	Thu	MMT Lower Extremity	P	Dr Goutami	9-10AM	1
22-Sep-23	Fri	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
23-Sep-23	Sat	MMT Lower Extremity	P	Dr Goutami	12-1PM	1
25-Sep-23	Mon	Gait & Walking Aid-	P	Dr Nawaj	9-10AM	1
		MMT Lower Extremity	P	Dr Goutami	2-3PM	1



**MGM INSTITUTE OF
PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGMIOP/MLP/IQA C/005
Issue No.	1
Rev. No.	1
Date	01/07/2023
Page	Page 2 of 2

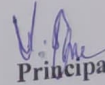
Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KT/07/2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
26-Sep-23	Tue	MMT Lower Extremity	P	Dr Goutami	9-10 AM	1
		Gait & Walking Aid	P	Dr Nawaj	3-4 PM	1
29-Sep-23	Fri	MMT Lower Extremity	P	Dr Goutami	9-10AM	1
30-Sep-23	Sat	Gait & Walking Aid	P	Dr Nawaj	12-1PM	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Sanskruti	Functional Reeducation	-	5
Dr Goutami	MMT Lower Extremity	-	10
Dr Nawaj	Gait & Walking Aid	3	6
Total		3	21


Subject Incharge


UG coordinator


Principal
Principal
MGM Institute of Physiotherapy
Aurangabad





MAHATMA GANDHI MISSION

MGM INSTITUTE OF PHYSIOTHERAPY
N-6, CIDCO, AURANGABAD

Monthly Lesson Plan

DOC No.	DC/MGMIOP/MLP/IOAC/005
Issue No.	1
Rev. No.	0
Date :	01/01/2019
Page :	1 of 1

Date: 30/09/2023

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KT/ /2023

Year: Second Year BPTTh (Regular & ODD Batch)

Academic Year: 2023-2024

Subject: Kinesiotherapy

For the Month of: October 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
3-Oct-23	Tue	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
		Gait & Walking Aid	P	Dr Nawaj	3-4 PM	1
5-Oct-23	Thu	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
6-Oct-23	Fri	Gait & Walking Aid	P	Dr Nawaj	9-10AM	1
7-Oct-23	Sat	Muscle strengthening-LE	P	Dr Payal	12-1PM	1
9-Oct-23	Mon	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
		Humidification	T	Dr Manish	2-3PM	1
10-Oct-23	Tue	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
		Humidification	T	Dr Manish	3-4 PM	1
12-Oct-23	Thu	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
13-Oct-23	Fri	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
14-Oct-23	Sat	Muscle strengthening-LE	P	Dr Payal	12-1PM	1
16-Oct-23	Mon	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
		Humidification	P	Dr Manish	2-3PM	1
17-Oct-23	Tue	Muscle strengthening-LE	P	Dr Payal	9-10AM	1
		Muscle strengthening-LE	P	Dr Payal	3-4 PM	1
19-Oct-23	Thu	Muscle strengthening-LE	P	Dr Payal	9-10AM	1

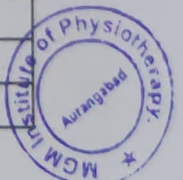
Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Manish	Humidification	2	1
Dr Payal	Muscle strengthening-LE	-	10
Dr Nawaj	Gait & Walking Aid	-	4
Total		2	15

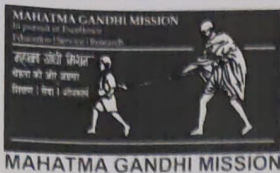
Subject Incharge

UG Coordinator

Principal

MGM Institute of Physiotherapy
Aurangabad





DOC No.	DC/MGMIOP/IQAC/MLP/005
Issue No.	1
Rev. No.	0
Date :	01/01/2019

Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KT/ /2023

Date: 01/12/2023

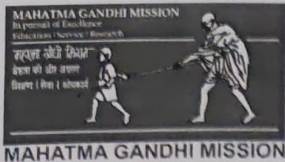
Year: Second Year BPTTh (ODD Batch)

Academic Year: 2022-2023

Subject: Kinesiotherapy

For the Month of: December 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
4-Dec-23	Mon	Home Programme	T	Dr Srilatha	9-10AM	1
		Chest PT	T	Dr Manish	2-3PM	1
5-Dec-23	Tue	Chest PT	T	Dr Manish	9-10AM	1
		Hydrotherapy	T	Dr Srilatha	3-4 PM	1
7-Dec-23	Thu	Chest PT	P	Dr Manish	9-10AM	1
8-Dec-23	Fri	Hydrotherapy	T	Dr Srilatha	9-10AM	1
9-Dec-23	Sat	Hydrotherapy	T	Dr Srilatha	12-1PM	1
11-Dec-23	Mon	Chest PT	P	Dr Manish	9-10AM	1
		Functional Re-education	T	Dr Sanskruti	2-3PM	1
12-Dec--23	Tue	Functional Re-education	T	Dr Sanskruti	9-10AM	1
		Chest PT	P	Dr Manish	3-4 PM	1
14-Dec-23	Thu	Chest PT - ACBT	T	Dr Manish	9-10AM	1
15-Dec-23	Fri	Chest PT- ACBT	P	Dr Manish	9-10AM	
16-Dec-23	Sat	Chest PT - AD	T	Dr Manish	12-1PM	1
18-Dec-23	Mon	Chest PT- AD	P	Dr Manish	9-10AM	1
		Functional Re-education	P	Dr Sanskruti	2-3PM	1
19-Dec-23	Tue	Functional Re-education	P	Dr Sanskruti	9-10AM	1
		Chest PT Practice	P	Dr Manish	3-4 PM	1
21-Dec-23	Thu	Chest PT Practice	P	Dr Manish	9-10AM	1
22-Dec-23	Fri	Motor control, Postural Control & Balance	T	Dr Ashwini	9-10AM	1
23-Dec-23	Sat	Motor control, Postural Control & Balance	T	Dr Ashwini	12-1PM	1
26-Dec-23	Tue	MMT-Practice	P	Dr Goutami	9-10AM	1
		Strengthening- Practice	P	Dr Payal	3-4 PM	1
28-Dec-23	Thu	MMT-Practice	P	Dr Goutami	9-10AM	1
29-Dec-23	Fri	Strengthening- Practice	P	Dr Payal	9-10AM	1



MGM INSTITUTE OF PHYSIOTHERAPY
N-6, CIDCO, CHH. SAMBHAJINAGAR

DOC No.	DC/MGMIOP/IQAC/MLP/005
Issue No.	1
Rev. No.	0
Date :	01/01/2019

Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KT/ /2024

Date: 02/01/2024

Year: Second Year BPTTh (ODD Batch)

Academic Year: 2022-2023

Subject: Kinesiotherapy

For the Month of: January 2024

Slow Learner Activity						
Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
6-Jan-24	Sat	SCM-Humidification	P	Dr Manish	12-1PM	1
08-Jan-24	Mon	SCM- ACBT	P	Dr Manish	9-10AM	1
		SCM-Strengthening	P	Dr Payal	2-3PM	1
09-Jan-24	Tue	SCM- AD	P	Dr Manish	9-10AM	1
		SCM-Strengthening	P	Dr Payal	3-4 PM	1
11-Jan-24	Thu	SCM-Chest PT-LL	P	Dr Manish	9-10AM	1
12-Jan-24	Fri	SCM-Chest PT-ML	P	Dr Manish	9-10AM	1
13-Jan-24	Sat	SCM-MMT	P	Dr Goutami	12-1PM	1
		SCM-MMT	P	Dr Goutami	9-10AM	1
15-Jan-24	Mon	SCM- Functional Re-education	P	Dr Sanskruti	2-3PM	1
		SCM- Functional Re-education	P	Dr Sanskruti	9-10AM	1
16-Jan-24	Tue	SCM-Walking Aid	P	Dr Nawaj	3-4 PM	1
		SCM-Walking Aid	P	Dr Nawaj	9-10AM	1
18-Jan-24	Thu	SCM-Hydrotherapy	P	Dr Srilatha	9-10AM	1
19-Jan-24	Fri	SCM-Home programme	T	Dr Srilatha	12-1PM	1
20-Jan-24	Sat	SCM- Motor control, Postural Control & Balance	P	Dr Ashwini	9-10AM	1

*SCM-Student Centric Method

Subject Incharge

UG Coordinator

Principal

**MGM Institute of Physiotherapy
Chhatrapati Sambhajinagar**